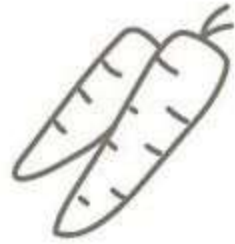




CLEANSING

JUICE RECIPE

INGREDIENTS



carrots
500 g



golden delicious apples
500 g



fresh daikon
500 g



fresh ginger
80 g



swiss chard
200 g

PREPARATION



Wash and cut all the vegetables
and fruits



Run all of the ingredients
through a juicer



Serve in a juice glass...
and enjoy!