



The 5 Ingredient Collection

# CANTALOUPE COOLER

#myshangrila

Recipes by Executive Chef Hamed Ghayed, M-Lounge,  
Shangri-La Villingili Resort & Spa, Maldives

## INGREDIENTS

Serves 1

Ripe cantaloupe	1
Fresh orange juice	60ml
Fresh lime juice	10ml
Honey	10ml
Mint leaves	6

## RECIPE

- 1 Slice the cantaloupe in half.
- 2 Remove the seeds and discard.
- 3 Scoop the cantaloupe flesh from the skin.
- 4 Blend the cantaloupe, orange juice, lime, mint, honey and ice until smooth.
- 5 Pour into a glass and garnish with fresh mint and a slice of lime.